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# Help Me Be Good About Throwing Tantrums



## Synopsis

Help Me Be Good About Throwing Tantrums explains why tantrums occur and helps children find constructive ways to deal with anger. Companion CD includes songs and read-along with Joy.

## Book Information

Series: Help Me Be Good

Paperback: 32 pages

Publisher: Joy Berry Enterprises,Csi (February 16, 2009)

Language: English

ISBN-10: 1605771171

ISBN-13: 978-1605771175

Shipping Weight: 1.1 pounds

Average Customer Review: 3.9 out of 5 stars 20 customer reviews

Best Sellers Rank: #984,622 in Books (See Top 100 in Books) #130 in [Books > Teens > Social Issues > Being a Teen](#)

## Customer Reviews

Pages aren't set up well for a kindle. The pictures are very tiny and words continue from page with picture to page with no picture. It was very distracting for me even and I think even worse for my kids. I think the idea of the book was alright and introduced the idea fairly well... but she recommends having kids still hit objects if irritated... I don't really want my child thinking that she should do those behaviors since it isn't even something she currently does. I guess I really wanted something more about just accepting no for an answer and that the child should still obey.

I bought this because my 7-year-old daughter was having a tantrum and she said "Please get this for me, Joy Berry books help me." Practically every scenario in Throwing Tantrums described her behavior and she really related to the children in the book. It was great that I could download it to my Kindle just when I needed it, and I will still probably buy hard copy. I also bought the Kindle version of the Being Angry book, but it was almost exactly the same as the tantrum book. We both preferred the Tantrum story. We have the Feeling Worried, Feeling Afraid and Feeling Sad books and they were also excellent. I will continue to buy Joy Berry books as my daughter encounters issues that they address. Don't think these are just for little kids, she is seven, and will probably continue to read them as refreshers for the next few years.

This book was very good at helping to teach my children how to express their anger without hurting themselves or others.

I'm not completely in love with this book, but I'm not regretting the purchase either. I just don't agree with some of the suggested ways to "appropriately" show anger. But I do like the way it explains tantrums and how they make others feel.

I bought this in hopes of helping my 4 year old learn how to stop throwing tantrums while at his Pre-K class. I do not think this is written simply enough for 4 year olds to grasp what they're talking about.

He loves it! I read to him when I work with him and he has memorized some of the words and "reads" along with me!

Was looking for information on what to do when children throw tantrums Is there anything you can recommend? Thank you

Very simple book geared towards helping littles how to understand their tantrums and manage them better! Will definitely be using in my work with kids

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